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Brandon Rowland
Bilateral BK Amputee

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Brian R. Carter, M.D. Craig E. Lincoln, M.D. Vandana M. Maladkar, M.D. Sara Nadella, M.D.
Dear Friends & Neighbors:

Congratulations are in order for three of our clinical teams. Crestwood’s Cardiac Care team recently received accreditation as a Chest Pain Center for PCI (percutaneous coronary intervention) for meeting the established standards of the Society of Chest Pain Centers for demonstrating commitment to quality care and American College of Cardiology standards of cardiac care processes. The Crestwood Stroke Care team recently received Silver Plus Certification from the American Heart Association for implementing its standards of stroke care, and our Special Procedures team received an award from The American Society of Gastrointestinal Endoscopy for promoting ASGE standards of quality in endoscopy. Congratulations to these teams for achieving these prestigious awards!

Spring 2012 has been an exciting quarter at Crestwood. Despite Huntsville Hospital’s opposition, on April 18, the CON Review Board voted to approve Crestwood’s application to continue its elective angioplasty program on a permanent basis. Crestwood has been successfully offering elective angioplasty through the John Hopkins C-Port study for the last eight years, and now that the study has ended, we are proud to continue offering our community a choice for cardiac care. We believe our community deserves to be allowed to make that choice.

Crestwood recently invested in the da Vinci® Si™ Robotic Assisted Surgical System, making our surgical platform the most advanced platform available in North Alabama. We consider this to be an investment in the future of healthcare for our community, and are proud to have many physicians at Crestwood who are currently offering the option of robotic-assisted surgery to their patients for a variety of procedures, including hysterectomies, prostatectomies, gallbladder, and kidney procedures. See article on page 8 for more information and how this surgery is changing the world of surgery as we know it.

Also earlier this year, Crestwood Maternity Center’s newly remodeled LDRP Unit opened its doors for expectant mothers in the Tennessee Valley. In an LDRP suite, mothers stay in the same room for all stages of the birthing process. The suites are spacious and homelike and are focused on providing a safe and comfortable family experience.

Please enjoy this issue of Crestwood Pulse. Our goal is to assist you and your family in having choices and informed decisions for your healthcare needs.

Thank you for choosing Crestwood.

Pam Hudson, CEO
Much of the delicious food we eat – chocolate and caffeine, fruit and juices, tomatoes, garlic, onions, Mexican food – contributes to keeping the shelves full of over-the-counter antacids.

There is nothing new about the widespread occurrence of that fiery burning sensation in your chest known as heartburn, a condition that can be so painful, it has frightened many people into thinking they are having a heart attack.

What has changed is the medical community’s deeper understanding of the causative condition known as acid reflux, and how chronic cases of acid reflux lead to more serious problems such as Barrett’s Esophagus and esophageal cancer.

The most common occurrences of acid reflux happen after eating a heavy meal of fatty foods, followed by lying down too quickly afterwards to sleep or relax. According to gastroenterologist Dr. Smita Shah, in 40 percent of the cases, symptoms of acid reflux mimic the symptoms of a heart attack because the esophagus, which is simply a long tube, runs down into the chest in front of the heart and esophageal spasm can resemble cardiac pain.

“There is a valve between the esophagus and the stomach that opens to let food pass into the stomach, after which it closes tightly,” Dr. Shah explains. “Over time, that valve weakens and becomes incompetent, allowing acid and stomach contents to push back up (reflux) into the esophagus. In some cases, muscle spasms in the esophagus cause significant pain around the heart, replicating the symptoms of a heart attack.”

In chronic cases of acid reflux, these stomach acids actually eat away at the tender esophageal lining, basically turning it into stomach lining. Until recently, there was no way to reverse this occurrence and no treatment for the condition, known as Barrett’s Esophagus. Over time, Barrett’s produces pre-cancerous tissue, making
sufferers at high risk for esophageal cancer, the second fastest-growing form of cancer today.

During the mid-1980s, proton pump inhibitors (PPI’s — for example, Prilosec) hit the market, providing relief to thousands of sufferers and boasting a 96 percent success rate at relieving a patient’s symptoms. It did not reverse the condition, however, and people already suffering with Barrett’s who took this prescribed drug were no less prone to esophageal cancer.

“If you have been on this type of medication for more than six months and your condition keeps recurring; or if you suffer from acid reflux and chronic heartburn more than three times a week for three months or more, we suggest contacting your primary physician for an assessment,” Shah says.

“If you have been on this type of medication for more than six months and your condition keeps recurring; or if you suffer from acid reflux and chronic heartburn more than three times a week for three months or more, we suggest contacting your primary physician for an assessment,” Shah says.

“It used to be that we had to perform a biopsy through upper endoscopy every 1 to 2 years to monitor the progression of the Barrett’s tissue,” says Donna Mims, Crestwood’s Clinical Manager of Special Procedures. “Now we can use the same upper endoscopy to treat and cure the Barrett’s Esophagus.”

“The most exciting news is that once you have been diagnosed with Barrett’s Esophagus, we have a new treatment for it called HALO radiofrequency ablation, a procedure first performed in 2001,” Dr. Shah says. “After being used for about three years in investigational research, the FDA approved it to treat Barrett’s Esophagus.

“Crestwood was one of the first hospitals in the state of Alabama to invest in the equipment required to perform the new procedure, in which we go into the esophagus with an electrode or balloon, and burn off the stomach lining tissue. The softer esophageal lining grows back normally. Still today, there are very few physicians and facilities in North Alabama who are providing this service.”

Dr. Shah was the first physician in Huntsville to perform this procedure.

“Don’t wait until it’s already in the stage of Barrett’s Esophagus. If you have acid reflux damage when regular EGDs are performed, definitely discuss with your physician whether or not the damage can be repaired with the HALO Radiofrequency Ablation,” urges Michael Baulch, Huntsville resident and former Barrett’s Esophagus sufferer.

Michael, age 51, suffered from acid reflux for years, using over-the-counter medication to ease the symptoms without curing the actual problem. After discovering that the continued acid reflux had resulted in a diagnosis of Barrett’s Esophagus, Michael came to Dr. Shah, who placed him on prescription medication and monitored him every year or two with an EGD biopsy to ensure that his dysplasia cell configurations (precancerous cells) had not become cancerous.

Dr. Shah approached Mr. Baulch and recommended that he consider this new technology and treatment. Mr. Baulch was Crestwood’s first radiofrequency ablation patient, and he has been free from Barrett’s Esophagus and acid reflux pain ever since. In explaining the procedure, Michael says, “Dr. Shah inflated a 360-degree probe inside my esophagus to kill the damaged cells so that new, healthy cells could be regenerated and come to the forefront. The discomfort is minimal because the burning process is so superficial. There really was no post-procedure pain — you could barely perceive that a procedure had been done.” Of the Crestwood staff, Michael adds, “They are extraordinary; I got to know quite a few of them on a first-name basis. As far as I know, Crestwood is the only place in Huntsville that has invested in the advanced technology to perform the radiofrequency ablation, and I would advise anyone experiencing continued acid reflux to talk to their physician about this new option.”

Michael Baulch, the first patient to undergo radiofrequency ablation at Crestwood, with Donna Mims, Clinical Manager of Special Procedures, and Leah Hipp, RN. Mr. Baulch is now free from Barrett’s Esophagus and acid reflux pain.

Crestwood patient Michael Baulch’s testimony:

Michael Baulch, the first patient to undergo radiofrequency ablation at Crestwood, with Donna Mims, Clinical Manager of Special Procedures, and Leah Hipp, RN. Mr. Baulch is now free from Barrett’s Esophagus and acid reflux pain.

*Physicians performing radiofrequency ablation treatment at Crestwood:

Eghierhua A. Ugheoke, MD
Smita S. Shah, MD
Bradley S. Rice, MD
Michael P. Dohrenwend, MD

*Independent members of the medical staff at Crestwood Medical Center

Michael Baulch, the first patient to undergo radiofrequency ablation at Crestwood, with Donna Mims, Clinical Manager of Special Procedures, and Leah Hipp, RN. Mr. Baulch is now free from Barrett’s Esophagus and acid reflux pain.
reflux.

People suffering from obesity face similar risks; as do smokers of all ages and both genders.

Specific symptoms include hoarseness, especially upon waking, which is probably caused by having reflux while sleeping; a persistent bitter taste in your mouth; chronic indigestion and heartburn occurring more than three times a week and lasting for more than three months; and an extended regimen of proton pump inhibitors with little or no relief when you attempt to put it aside.

“We encourage you to be an advocate for yourself,” Shah says. “Prior to the new radiofrequency ablation treatment, we discovered signs of esophageal cancer in less than ½ percent of the biopsies from Barrett’s Esophagus. That number has gone down dramatically since public awareness about the condition has improved. Get regular check-ups from your primary physician, and take preventative measures when you are at high risk. That should give you peace of mind.”

For more information, contact Donna Mims, Clinical Manager, Crestwood Special Procedures at 256.429.4979.

CONGRATULATIONS, CRESTWOOD ENDOSCOPY CENTER!

The American Society for Gastrointestinal Endoscopy (ASGE), a leading gastrointestinal medical society, has recognized Crestwood Medical Center Endoscopy Center as part of its program specifically dedicated to promoting quality in endoscopy. Crestwood Medical Center is one of approximately 400 endoscopy units to be granted the recognition since 2009, and is one of only two in Alabama. The ASGE Endoscopy Unit Recognition Program honors endoscopy units that follow the ASGE guidelines on privileging, quality assurance, endoscope reprocessing and CDC infection control guidelines and that have completed specialized training on principles in quality and safety in endoscopy.

Crestwood Medical Center Endoscopy Center specializes in the following procedures:
- Upper Endoscopy
- Colonoscopy
- ERCP (Endoscopic retrograde cholangiopancreatography)
- Bronchoscopy
- Radio Frequency Ablation treatments for Barrett’s Esophagus
- Other specialty procedures

Crestwood Medical Center has more gastroenterologists* on its medical staff than any other facility in Madison County, including the following:

Julian C. Billings, MD
Joseph D. Brasco, MD
Michael W. Brown, MD
Michael Dohrenwend, MD
Dino Ferrante, MD
Carl A. Goetsch, MD
Rami A. Hawari, MD
James P. Holmes, MD
Suresh Karne, MD, PhD

Walter E. Meyer, MD
Rajesh K. Patel, MD
Robert A. Pendley, MD
Bradley S. Rice, MD
Smita S. Shah, MD
Eghierhua A. Ugheoke, MD
Prasad Vankineni, MD
John-Paul Voelkel, MD

*Independent members of the medical staff at Crestwood.

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In the hands of skilled surgeons, the breakthrough technology of the da Vinci® Si™ Robotic Surgery System is resulting in less pain, less scarring, and less time in the hospital for many patients at Crestwood Medical Center.

Crestwood Medical Center is proud to provide the most advanced robotic surgery platform in North Alabama.

The da Vinci Si System is taking surgery beyond the limits of the human hand by providing surgeons with greater precision, greater control, and better access to areas that are sometimes difficult to reach, allowing complex operations to be performed through smaller incisions than traditional open or laparoscopic surgery.

Crestwood first introduced its robotic surgery program in December 2011 with one
of the first generations of the da Vinci robot. The program rapidly took off, and the demand for robotic surgery became increasingly evident.

In March 2012, Crestwood expanded the capabilities of its robotic surgery program with the newest “da Vinci Si,” the latest robot available from Intuitive Surgical Inc., the creator of the da Vinci system. Susan Bryce, ACNO, Director of Surgical Services at Crestwood, says “We felt it was important to invest in the future of healthcare in the Tennessee Valley through the purchase of the new da Vinci Si. The Si technology will allow us to offer the community the most technologically advanced method now available for performing many procedures, such as the common laparoscopic gallbladder surgery.” Bryce says that, unlike traditional laparoscopy, in which four small incisions are typically made to perform the gallbladder surgery, the da Vinci Si allows only one single incision.

Laparoscopic gallbladder surgery is just one of the many procedures that da Vinci system is capable of aiding. The advanced da Vinci Robotic-Assisted Surgery is a less invasive surgery option that may be used for hysterectomies and other gynecological surgery, as well as for prostate, urologic and kidney procedures.

“I’m excited that Crestwood is making the commitment to excellence in patient care with the new Si

Dr. Keith Jimenez, Urologist, performs kidney surgeries using the Firefly technology. In the image on top, you can see where Dr. Jimenez had “scored” the area he believed should be cut – this is where he would have chosen to cut without the Firefly technology to allow him to more accurately identify the cancerous tissue. In the bottom image, the dark green represents the tumor and the light green represents healthy tissue.

After viewing the area with the Firefly technology, Dr. Jimenez was able to see that he could be more conservative in his approach, sparing more of the patient’s healthy kidney tissue.
Huntsville Mayor Tommy Battle, left, and Madison Mayor Paul Finley, below, “battle” it out on the da Vinci ®Si™ simulator, designed to experience the simulation of performing surgery with the robot.

The system gives scores for their level of performances, and though Mayor Finley left as the victor, they are both winners in our book!

Good job, Mayor Finley and Mayor Battle!
Robotic Surgery Means Quicker Recovery Time

As part of Crestwood’s robotic surgical team, Dr. Dennis Fernandez, a board certified general surgeon, performs single-site robotic gall bladder removal. Dr. Fernandez is the only general surgeon in northern Alabama performing this surgery utilizing a robotic-assisted surgical system. This revolutionary platform allows him to perform this operation by means of one small incision. For many patients, this minimally invasive approach means quicker recovery time and less post-surgical pain.

Dennis L. Fernandez, M.D., P.C.
4025 Pepperwood Circle, Suite C, Huntsville, AL 35801
256-882-1908

The da Vinci® Si™ Robotic Surgery System.

The da Vinci® Si™ has several unique features designed to provide additional clinical benefits and efficiency in the operating room, many of which translate to patient benefits, including the following:

- Enhanced 3D, high-definition vision of operative field with up to 10x magnification
- Superior visual clarity of tissue and anatomy
- Surgical dexterity and precision far greater than even the human hand
- Updated and simplified user interface to enhance OR efficiency
- New ergonomic settings for greater surgeon comfort

device,” says urologist Keith Jiminez, MD, FACS. “This will allow minimally invasive treatment of many conditions, which typically results in improved outcomes. We find that patients are able to go home sooner and require less pain medicine.”

Dr. Michael Conrad, OB/GYN, reaffirms, “patients are less likely to have complications,” and his assurance comes from the “visualization being so much greater” when using the da Vinci system. The da Vinci system has enhanced visualization compared to the predecessor technique, laparoscopy, allowing doctors to make more precise movements and maneuver more easily through small incisions and around important organs and nerves during surgery.

Dr. Edith Aguayo, OB/GYN, says of the da Vinci technology, “there is the certainty that physicians are in control of what is going on.” The da Vinci system is computer aided and robotically aided, meaning that the system only assists the actual movements and directions of the surgeon. In the same manner that a person’s power steering will aid in the maneuvering of a motor vehicle, the driver is still in total control.

Dr. Pam Hudson, Crestwood CEO

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Dr. Pam Hudson, Crestwood CEO

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Dr. Aguayo and Dr. Petersen maintain privileges to use the da Vinci® Si™ Robotic-Assisted surgery system at Crestwood Medical Center.

Their patients are experiencing less pain, smaller scars, and a faster recovery with this latest technology in gynecological surgery! Call for more information on robotic surgery.

said, “We believe that the da Vinci Si platform and new approaches like Firefly will help Crestwood’s physicians provide the best possible outcomes for patients. This new technology emphasizes our commitment to provide the community access to the latest advancements in minimally invasive surgery such as faster recovery times, smaller surgical incisions, and less risk of infection.”

For more information about robotic assisted surgery, consult with your physician, go to CrestwoodMedCenter.com, or call Susan Bryce, Crestwood ACNO and Director of Surgical Services at 256.429.5067.

Typical results depend on many factors. Consult your physician about the benefits and risks of da Vinci® Robotic-Assisted Surgery for your condition.

Surgeons quoted in this article are independent members of the medical staff at Crestwood Medical Center.

Huntsville Mayor Tommy Battle and Jim Bolte, President Toyota Motor Manufacturing Alabama, Inc., present a certificate to Pam Hudson, Crestwood CEO, at the Chamber of Commerce ribbon cutting celebration for the robotic surgery program on April 10, 2012.
It was a simple gift that changed Dr. Erik Henninger’s life.

Working as a lab technician 10 years ago, Henninger had drawn blood from a sick little boy for the third time in a week. But the next time he saw him, it wasn’t a willing arm the little boy offered up, but rather, a picture he had drawn of the two of them together. Bringing tears to his eyes, it was in that moment that Henninger knew he would spend his life working to make children healthy.

Together, with Dr. Andrea B. Reynolds, the duo has dedicated their livelihood to the health and wellness of children at Tender Care Pediatrics at Crestwood, which opened in August 2011.

“I like working with kids,” Reynolds said. “There are a lot of physiologic changes that take place in childhood with growth and development that interest me. I feel that there’s a lot that I can do for kids.”

For both doctors, taking on the new pediatric practice was a coming home of sorts, Reynolds to a community her husband Kenny knew well working as an electrical engineer on Redstone Arsenal, and Henninger to the place where he graduated high school and went to college.

“I wanted to come home and serve my community,” said Henninger, who graduated from Bob Jones High School in 1997.

Born and raised in San Jose, CA, Henninger and his family moved to Alabama when he was 15, where he finished high school, and went on to the University of Alabama in Huntsville. Working as a laboratory technician at a local pediatrics office throughout his college years, between his studies and lab work, Henninger knew he wasn’t destined to spend his days sitting in a lab by himself, but rather, was inspired by the interaction he had with patients taking their vital signs on days he spent out of the lab.

After completing his medical degree in 2008 at Western University of Health Sciences in Pomona, CA, the young doctor returned closer to home for his residency at Georgia Health Sciences University in Augusta, setting his sights on Huntsville for his medical career. Coming to Tender Care Pediatrics has been the culmination of every thing he’s worked for over the past 15 years.

“I love working with the kids,”
Henninger said. “It’s so rewarding for me. They don’t lie to you. If they don’t feel good, they’ll tell you. When they feel better it’s obvious and it’s very rewarding to see them light up.”

Originally from Meridian, Miss., as a young girl Reynolds flourished in her love for science and figuring out how things worked.

When it came deciding on a career, she knew she had to take her passion for science and turn it into something good.

“I wanted to be able to do something where I felt like I could make an impact on people’s lives,” Reynolds said.

After completing her undergraduate degree at Birmingham-Southern College, she pursued her medical degree at the University of Illinois at Urbana-Champaign, and completed her residency in Memphis at the University of Tennessee Health Science Center’s Le Bonheur Children’s Hospital.

It was there, delivering babies, that she felt the tug to go into pediatrics, always wanting to follow the newborns out of the room to see where their life would take them.

“I really like watching them grow and seeing the kind of person they become,” Reynolds said. “As a physician, I feel like I’m kind of a part of that development.”

The physician team is walking that life journey with each of their patients, whether they’re 6 months old or 16.

One of the greatest joys of working with children for Henninger is making sure the road to adulthood is paved with healthy habits, including a well-balanced diet, exercise, time spent outside away from TV and video games, and routine checkups at Tender Care.

“I wanted to be able to do something where I felt like I could make an impact on people’s lives.”

Andrea Reynolds MD, PhD.

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Dr. Erik Henninger and Dr. Andrea Reynolds are members of the medical staff at Crestwood Medical Center.
Luxury delivered
Crestwood offers newly renovated LDRP suites

For expectant mothers, Labor, Delivery, Recovery, Postpartum (LDRP) rooms quickly are becoming the most sought-after feature among maternity centers nationwide. Crestwood Maternity Center showcased its newly remodeled LDRP unit, the only unit of its kind in the Huntsville/Madison community, early this year, and now is offering expectant moms in our community the option of delivering in the home-like environment of its LDRPs. LDRP rooms are birthing rooms in which the mother remains in the same room for all four steps of the birthing process, rather than being required to shift rooms for each stage.

The simplicity of administering the...
entire process in one room not only provides a safe experience for the mother, but also allows mothers the ability to keep their babies in their private room instead of a nursery.

Crestwood Maternity Center’s LDRP suites were designed to emphasize a family-centered experience.

The suites are larger than a typical hospital room and easily accommodate an entire family, making it easier for both the mother and the family to play an active role in their care.

Dr. Edith Aguayo, OB/GYN, says “The new labor and delivery rooms at Crestwood offer a comfortable home-like environment. This helps eliminate the medical feel of a hospital and encourages a relaxing atmosphere to deliver your baby.”

The suites include comfortable furniture, plentiful seating and soft décor. Inviting hardwood takes the place of cold tile floors, and warm lighting has been installed for ambiance.

The walls are painted in pastel colors, and the lounging furniture, in similar tones, mimics much of what would be found in a cozy home.

Every suite is unique — none are decorated alike. Attention is paid to the little things, even accent pillows.

“We’re going for the wow factor,” says Donna Ammons, Director of Women and Children’s Services. “We are giving our community options, and with a high standard of care, we strive to have a great environment for patients.” She adds, “Dads love the LDRP suites because they can stay with the mother and have a comfortable place to rest.”

The goal of Crestwood’s LDRP unit is to provide the best possible experience for mother and family by creating a spacious, welcoming environment for them to enjoy the new addition to their family, while teaming with expert physicians, nurses, neonatologists, and obstetrics team members to provide a high level of quality care incorporating the latest obstetric methods and technology. For those who prefer the traditional LDR and VIP Suites, these options are also still available.

To schedule a private tour of the LDRP suites, call Crestwood Maternity Center at 256.429.5250.

*Edith Aguayo, MD is an independent member of the medical staff at Crestwood Medical Center. For a list of all OB/Gyn’s on the medical staff, visit CreswoodMedCenter.com.

SURVEYS SAY

According to a study conducted on comfortable environments and conditions in labor rooms, women who were placed in the more comfortable home-like room required less pain management drugs or asked for assistance much later on in child birth.¹

Another study found that the integration of warm color schemes and art in delivery rooms “facilitated beneficial physiological changes that have clinical significance, which benefits women and babies by shortening the length of labor.” Results demonstrated a significant shortening of the duration of labor by 2.1 hours.²

Sources: ¹Birth: Issues in Perinatal Care, June 2009; and ²Optics & Laser Technology, March 2011.
On April 18, Crestwood’s CON (Certificate of Need) for establishment of a permanent Elective Angioplasty program was unanimously approved by the State Certificate of Need Review Board.

Crestwood has been successfully performing elective angioplasty for the past seven years under the CPORT program with Johns Hopkins Medical Institute and has now been granted the CON to continue on a permanent basis outside of the trial program.

Pam Hudson, CEO of Crestwood states, “The ruling in favor of Crestwood’s elective PCI (percutaneous coronary intervention) program is a major victory for our hospital, but more importantly, it is the right thing for our community. Patients have a right to informed choices about their healthcare providers and it is good that they will continue to have a choice of angioplasty programs in Huntsville. We are proud of the high-quality, safe care we have provided for the past seven years through our angioplasty program and thrilled to be able to continue this essential service for our patients. We appreciate the consideration of the CON Review Board and the support of the physicians, employees, patients and community leaders who have encouraged us throughout the process.”

Angioplasty program approved

Top: The Crestwood Cardiac Care team.

Left: Crestwood Senior Circle members and members of the community travel to Montgomery to show community support at the CON hearing on April 18.

Right: Crestwood’s Emergency Department and HEMSI are integral to the cardiac care team. They ensure patients receive fast and appropriate care when minutes matter. Crestwood has maintained an average door-to-balloon time of approximately 75 minutes. (The American College of Cardiology’s national recommended door-to-balloon time is 90 minutes or less.) Door-to-balloon is the time a patient presents to the Emergency Department until a balloon or stent is placed across the blockage of a coronary artery and blood flow is restored.
Crestwood was recently mentioned in the appendix of the New England Journal of Medicine article “Outcomes of PCI at Hospitals with or without On-Site Cardiac Surgery.” The article details the results of the final Atlantic CPORT Trials, sponsored by the Johns Hopkins Medical Institute, for elective angioplasty, a study that Crestwood has been participating in for seven years.

Crestwood Medical Center and members of the Crestwood Cardiac team are recognized as Co-Investigators and Study Coordinators.

Mike Gillespie, Chairman of the Crestwood Board of Trustees, and Pam Hudson, Crestwood CEO, recognize the original principal investigators of the CPORT Study and the Crestwood Cardiac Team for their success in 2012.

Original Principal Investigators*:
Cynthia J. Anastas, MD
William R. Cox, MD
Sadasiva R. Katta, MD
Kelly W. Smith, MD

*Independent members of the Crestwood Medical Center medical staff. For a list of all cardiologists on the medical staff, visit CrestwoodMedCenter.com.

This article can be found at www.nejm.org.

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Crestwood received full accreditation with PCI (percutaneous coronary intervention) from the Society of Chest Pain Centers (SCPC).

The designation of accreditation means that Crestwood’s Chest Pain Center has met the established standards of the SCPC and has demonstrated its commitment to higher quality of care and standards in its cardiac care processes.

For more information about the Society of Chest Pain Centers, visit www.scpcp.org.

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Above: Gillespie and Hudson congratulate Dr. William Cox, Interventional Cardiologist and one of the Principal Investigators of the CPORT study at Crestwood.
Earlier this year, Crestwood Medical Center participated in several events to raise awareness about heart disease, culminating in the Heart Walk for the American Heart Association.

1 Crestwood Team and family gather to celebrate a successful Heart Walk.

2 Crestwood employees wore red to recognize the prevalence of heart disease in women on Go Red for Women’s “Wear Red” day.

3 Brave Crestwood “beauties” compete in the Ugly Walk, an organization-favorite event that raised approximately $500 (in only 10 minutes) for the American Heart Association.

4 Many thanks to area merchants – Bon Chic Boutique, Silhouette Boutique, Cotton Cottage – who loaned the Cardiac Care Team red dresses and mannequins for display throughout the hospital during Heart Month to raise awareness for heart disease in women.
Congratulations Crestwood Cardiac Care team!

Crestwood received accreditation as a Chest Pain Center with PCI (coronary angioplasty) from the Society of Chest Pain Centers (SCPC).

By becoming an Accredited Chest Pain Center, Crestwood has demonstrated its commitment to a higher quality of care and standards in its cardiac care processes.

Thanks to the support of the cardiologists on our medical staff, our Cardiac Care team, and the excellent pre-hospital service provided by HEMSI, Crestwood has maintained an average door-to-balloon time of approximately 75 minutes or less* over the past seven years, beating the national average of approximately 120 minutes. The American College of Cardiology’s nationally recommended door-to-balloon time is 90 minutes or less. Crestwood Cardiac Care provides both elective and emergent percutaneous coronary intervention (PCI) for acute MI. In the event of a heart attack, call 911 or go to the nearest emergency department.

*Door-to-balloon is the time a patient presents to the emergency department until a balloon or stent is placed across the blockage of a coronary artery and blood flow is restored. Crestwood Medical Center is directly or indirectly owned by a partnership that proudly includes physician owners, including certain members of the hospital’s medical staff.