



## Pre-Anesthesia Clinic

- **Please visit our Pre-Anesthesia Clinic or PAC prior to the day of your surgery.**
- This appointment will be scheduled by your surgeon's office. Please call 429-4960 or 429-5050 if you do not have an appointment.
- During PAC you will have all appropriate testing completed that will ensure your procedure is performed efficiently and effectively.
- **We encourage that all pre-admission testing be completed 1-14 days prior to your procedure.** You should allow for one hour to complete all pre-registration and PAC.
- **Please bring a list of your regular medications, your dose and how often you take them.** You may bring the bottles if you like. Go to the main entrance of Crestwood (Outpatient Center Entrance located on the North side of the facility) and the receptionist will guide you from there.
- The phone number for pre-admission testing is 429.4960.

PAC Walk-in  
appointments are  
welcome.

PAC is open from  
7:00 a.m. until  
5:30 p.m.;  
Monday - Friday.



## Experienced Board Certified Anesthesiologists

Crestwood is proud to have Alabama Anesthesia of Huntsville, LLC, as staff anesthesiologists for surgery. All our anesthesiologists are Board Certified with more than 100 years of combined experience. Whether you have a scheduled or an emergency surgery, our anesthesiologists are on duty 24 hours a day, 7 days a week. We also have a team of 20 Certified Registered Nurse Anesthetists and 2 certified anesthesiology assistants who have well over 250 years of combined experience.

During your pre-operative interview and assessment you and your anesthesiologist will devise the most appropriate anesthetic plan for your surgery and answer any questions you might have, including those related to post-operative pain control. During and immediately following surgery your anesthesiologist will be present to address any issues that might arise so that you will have a safe and effective anesthetic experience. In most cases, one of our anesthesiologist will visit or call you post-operatively to insure that you have recovered from your anesthetic and to respond to any concerns you may have.



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### Types of Anesthesia

There are several different types of anesthesia. The type of anesthesia you receive will depend on a number of factors, including the surgery you are having and any medical conditions you may have.

### What to expect after surgery

After surgery you will be taken to our Post Anesthesia Care Unit, where we have nurses specifically trained to care for patients recovering from anesthesia and surgery. Your care will continue to be directed by your anesthesiologist during your recovery and he or she will be responsible for providing adequate pain control and that your vital signs and level of consciousness recover from anesthesia.

### Additional information

If you would like additional information regarding your anesthetic care at Crestwood please visit our website at [www.crestwoodmedcenter.com](http://www.crestwoodmedcenter.com). Click on Hospital Services.

### Billing information

The physicians in our anesthesia department are not employees of Crestwood, but are an independent group (Alabama Anesthesia of Huntsville, LLC). Charges for services rendered will be billed separately from the hospital.



## Your Very Important Pre-Surgery Checklist\*

### ✓ Ask Your Doctor

- Are there any prescription or over-the-counter medicines that you should NOT take before your surgery?
- If you have other questions, write them down. Take a list of questions with you when you see your doctor.

### ✓ To prepare for surgery, remember:

- It is very important to remember not to eat or drink after midnight the day of your surgery or the time given to you by your surgeon (including gum, mints and water).

### ✓ Ask someone you trust to:

- To take you to and from Crestwood Medical Center and to be with you at Crestwood. This person can make sure you get the care you need to feel comfortable and safe.

- ### ✓ Do not smoke the morning of your surgery
- Smoking causes lung irritation and could cause breathing problems during and after anesthesia.

- ### ✓ Take any regular medication as you normally would
- but with just a sip of water unless directed by your physician. Bring a list of your regular medications, your dose, and how often you take them.

- ### ✓ Leave your contacts at home
- If you wear corrective lenses, do not wear contacts. Bring along your extra glasses.

- ### ✓ Do not dress up for us
- Do not wear make-up, nail polish or jewelry. Your caregivers need to see your skin to check your blood circulation.
  - Trim your nails.

\*Crestwood Medical Center is accredited by The Joint Commission and guidelines in this brochure have been developed in conjunction with The Joint Commission *Speak Up* Program. The goal of the *Speak Up* program is to help patients become more informed and involved in their health care. Learn more at [www.jointcommission.org](http://www.jointcommission.org).

### ✓ Bathing

- Preventing postoperative surgical site infections is a joint effort between you and your health care providers. It is VERY IMPORTANT that you bath using an antimicrobial soap prior to your surgery. If you are going to have any type of implant during your surgery, you will receive a bottle of Hibiclens at your PAC visit and instructions for bathing the night before and day of your surgery.

### ✓ Clothing

- Wear loose, casual clothing. A jogging suite with an elastic waistband is ideal.

### ✓ Be sure to let us know if you are pregnant

- If you are pregnant, or even think you might be, notify your surgeon and anesthesiologist immediately.

### ✓ Valuables

- Leave your jewelry, money and other valuables at home.

### ✓ If you have a beard

- You may be asked to remove your beard on the day of surgery.

### ✓ CPAP machine

- If you sleep with a CPAP ( a machine that tells you when you stop breathing in the your sleep), please bring it on the day of surgery.

### ✓ Do you think you might be sick?

- In between scheduling your surgery and the day of your surgery, if you develop a cough, cold symptoms or fever, be sure to notify your surgeon.

### ✓ Visitors in Pre-op

- You will be allowed two visitors in the pre-op area on the day of your surgery. Please keep this in mind as you are inviting friends and family to the hospital.

